

Wodonga Athletic Club Weekly Competition
Wodonga Athletic Complex

Saturday 29 February 2020

| Women | | |
|------------------|-----|----------|
| 100m | | |
| Clio Knight | U16 | 15.19 |
| Janet Crocos | 60+ | 17.33 |
| Clare McCormack | U20 | 17.95 |
| 1500m | | |
| Karen Hill | 40+ | 06:35.21 |
| Fay Pearce | 70+ | 08:43.65 |
| 3000m | | |
| Fay Pearce | 70+ | 18:32.76 |
| Clio Knight | U16 | 19:23.87 |
| 400m | | |
| Karen Hill | 40+ | 01:17.73 |
| Fay Pearce | 70+ | 01:52.28 |
| High Jump | | |
| Clare McCormack | U20 | 1.15 |
| Clio Knight | U16 | 1.10 |
| Janet Crocos | 60+ | 1.00 |

| Men | | |
|-------------------|------|----------|
| 100m | | |
| Lachlan Evans | U18 | 13.41 |
| Oliver Smith | U16 | 13.68 |
| Simon Crocos | Open | 13.75 |
| Tim Hinds | 40+ | 15.01 |
| Elias Knight | U14 | 15.04 |
| Aiden Hill | U14 | 15.42 |
| Robert Mulholland | 40+ | 16.12 |
| Conwae Knight | 50+ | 16.78 |
| Dennis Baker | 70+ | 21.13 |
| 1500m | | |
| Declan Pearce | U18 | 05:00.04 |
| Joseph Hill | U14 | 05:46.97 |
| Aiden Hill | U14 | 05:54.34 |
| Tim Hinds | 40+ | 06:11.90 |
| Elias Knight | U14 | 06:49.22 |
| Conwae Knight | 50+ | 07:29.07 |
| Des Rees | 60+ | 07:40.57 |
| William Pearce | 70+ | 08:01.76 |
| 3000m | | |
| Declan Pearce | U18 | 10:32.34 |
| Joseph Hill | U14 | 11:54.49 |
| Gavin Smith | 50+ | 12:52.38 |
| Tim Hinds | 40+ | 14:13.42 |
| Lachy Steain | Open | 14:59.11 |
| Dennis Baker | 70+ | 22:11.30 |
| 400m | | |
| Lachlan Evans | U18 | 01:09.19 |
| Tim Hinds | 40+ | 01:12.40 |
| Robert Mulholland | 40+ | 01:24.31 |
| Conwae Knight | 50+ | 01:36.94 |
| Dennis Baker | 70+ | 01:49.34 |
| High Jump | | |
| Oliver Smith | U16 | 1.30 |
| Elias Knight | U14 | 1.25 |
| Conwae Knight | 50+ | 1.20 |
| Robert Mulholland | 40+ | 1.15 |

| Women | | |
|--------------------|------|-------|
| Discus | | |
| Clio Knight | U16 | 27.90 |
| Gabby Knight | Open | 24.10 |
| Clare McCormack | U20 | 23.55 |
| Anthea Knight | U20 | 17.91 |
| Karen Hill | 40+ | 16.32 |
| Therese Knight | 50+ | 15.51 |
| Janet Crocos | 60+ | 12.16 |
| Fay Pearce | 70+ | 9.79 |
| Javelin | | |
| Clare McCormack | U20 | 24.17 |
| Gabby Knight | Open | 19.09 |
| Clio Knight | U16 | 16.07 |
| Janet Crocos | 60+ | 14.44 |
| Karen Hill | 40+ | 13.41 |
| Therese Knight | 50+ | 11.49 |
| Anthea Knight | U20 | 11.09 |
| Fay Pearce | 70+ | 8.83 |
| Shot Put | | |
| Clare McCormack | U20 | 9.06 |
| Clio Knight | U16 | 8.94 |
| Gabby Knight | Open | 8.46 |
| Janet Crocos | 60+ | 7.01 |
| Therese Knight | 50+ | 6.75 |
| Karen Hill | 40+ | 6.22 |
| Anthea Knight | U20 | 5.99 |
| Triple Jump | | |
| Clio Knight | U16 | 8.52 |
| Janet Crocos | 60+ | 6.45 |
| Clare McCormack | U20 | 5.85 |
| Gabby Knight | Open | 3.90 |

| Men | | |
|--------------------|------|-------|
| Discus | | |
| Joseph Hill | U14 | 28.24 |
| Gavin Smith | 50+ | 24.61 |
| Simon Crocos | Open | 23.94 |
| Elias Knight | U14 | 23.25 |
| Robert Mulholland | 40+ | 22.63 |
| Dennis Baker | 70+ | 21.82 |
| Conwae Knight | 50+ | 20.61 |
| Oliver Smith | U16 | 20.08 |
| William Pearce | 70+ | 18.84 |
| Lachy Steain | Open | 18.59 |
| Declan Pearce | U18 | 18.21 |
| Tim Hinds | 40+ | 17.23 |
| Javelin | | |
| Simon Crocos | Open | 39.48 |
| Elias Knight | U14 | 27.42 |
| Declan Pearce | U18 | 27.13 |
| Robert Mulholland | 40+ | 23.06 |
| Conwae Knight | 50+ | 22.64 |
| Tim Hinds | 40+ | 20.29 |
| Oliver Smith | U16 | 19.88 |
| Gavin Smith | 50+ | 18.38 |
| Joseph Hill | U14 | 18.11 |
| William Pearce | 70+ | 17.37 |
| Aiden Hill | U14 | 13.88 |
| Dennis Baker | 70+ | 11.42 |
| Shot Put | | |
| Joseph Hill | U14 | 10.05 |
| Simon Crocos | Open | 9.83 |
| Elias Knight | U14 | 8.78 |
| Oliver Smith | U16 | 7.94 |
| Gavin Smith | 50+ | 7.76 |
| Lachy Steain | Open | 7.64 |
| Conwae Knight | 50+ | 7.50 |
| Robert Mulholland | 40+ | 7.18 |
| Tim Hinds | 40+ | 6.98 |
| William Pearce | 70+ | 6.64 |
| Dennis Baker | 70+ | 5.86 |
| Des Rees | 60+ | 5.45 |
| Triple Jump | | |
| Oliver Smith | U16 | 9.34 |
| Aiden Hill | U14 | 8.11 |
| Tim Hinds | 40+ | 7.30 |
| Elias Knight | U14 | 7.17 |
| Conwae Knight | 50+ | 7.08 |
| Robert Mulholland | 40+ | 6.88 |